

# Rev youth games

youth size: **medium**

## **Glow in the Dark Hockey**

Go to a discount store or eBay and purchase a few hundred or thousand glow sticks depending on the amount of people playing the game. Divide the glow sticks up into colours (or colour tones) these will be the team colours. Sticky tape some glow sticks to a ball and the goals with good quality sticky tape. Use newspaper to make 2 hockey sticks. Give the teams their glow sticks and some sticky tape and get them to stick the glow sticks onto themselves. Then get the 2 teams to sit on either side of the field/room and give them a number. Turn out the lights and get a leader to call out a number. The player from each team runs out and tries to score a goal. \*You can also play soccer, basketball, netball, keepies off with the same process.